





FOX Upcycling Side Streams

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2 Selecting optimal valorisation pathways with the Processtimator the W 1 Harvest of fruits & vegetables

Zero waste by upscaling fruit & vegetable side streams





Side streams of fruits and vegetables

- Materials are highly perishable, vary in volume, are seasonal available
- Materials contain valuable components
- High-valued upcycling requires component retention and functionality





Food loss and waste - Wikipedia







Upcycling of side streams



Food Circle 4 Upscaling plant side streams Noord-Brabant, NL



Green peas and carrot pomace



Mild processing technologies: high pressure, PEF, supercritical CO2, mild thermaltechnologies



vanRijsingeningredients

vegetables explored











Upcycling of side streams

To avoid loss of the food-graded material we can process these streams more sustainable options: ingredients, food products or feed

Ingredients with good functionality: mild processing technologies

- Provide microbial inactivation and enhance the shelf life
- Reduce the volume by removing water from the side streams



Martijntje Vollebregt FOX conference, Sep '23



Preserve natural ingredients responsible for quality attributes like taste, colour, texture and odour







Upcycling of side streams

To avoid loss of the food-graded material we can process these streams more sustainable options: ingredients, food products or feed

- Which process steps to take?
- Which materials result? And what are their properties?
- Is this economically feasible?
- And a nett positive contribution to sustainability?







Processtimator

Design upcycling process for specific side stream (composition, occurrence, volume), end product and current use:

- Processing steps and equipment
- Processing costs and most relevant factors for costs
- Environmental impact (CO_2 -equivalents)

While keeping track of:

- Composition of streams in macro nutrients and minor components of interest
- Structure
- Quality aspects







Processtimator



• Total use (costs and benefits all fractions)

- Mild processing (diverse (mild) processes available)
- Expert tool (food technologists)



- Modular design updates)
- for material)
- Coupling with relevant databases



(coupling between processes, automatic • Advise on process choice (suitability of processes

(composition, feed value, processing costs)



- Multiple outputs (costs, energy and water, quality properties, CO₂ footprint)
- Scenario analyses (for example on input volumes, composition, yields)



Movie peas demo Upcycling of surplus green peas















Lessons learned

Upcycling of plant-based side streams can improve the sustainability of food systems

- application.
- or waste).
- Whether upcycling leads to a nett positive contribution to sustainability is case specific.

Cost estimate of the upcycling route is key to decide upon side stream management

- Cost estimation must take costs or profits from current use of the material into account.
- Costs breakdown enables well informed analyses of bottlenecks and risks.

Mild technologies are important to consider given their lower footprint (e.g. water end energy use) and lower impact on functional components

dependent.



This requires insights into possible processing pathways, given the side stream properties and intended

Sustainability impact of upcycling options must not be considered (less than impact of current use, as feed

Effects of technologies on functional properties must be analysed, since effects are product and matrix



Practical recommendations

Improving resource use efficiency by **upcycling food side streams** may improve the sustainability of food chains.

The *Processtimator* aids companies by:

- contribution on sustainability
- Providing inside in factors influencing the potential of upcycling the most
- users in stimulating total use of valuable food materials.
- total use in a broader perspective.



Selecting upcycling options that are economically of interest and result in a nett positive

These results and insights are essential to encourage side stream owners and potential

The tool can be employed by food processing specialists in short term advise studies with specific food chain stakeholders, as well as in longer term research looking into potential of





Innovative local processing for a sustainable future